

[media kit]

THE JÖRNI PODCAST

The Jörni Podcast sits at the intersection of professional insight and personal experience, dedicated to the advancement of mental and holistic wellbeing.

It offers a platform where experts in the field and individuals with compelling stories come together to share knowledge, strategies, and transformative journeys. Our mission is to democratize access to holistic health resources, fostering a community of healing, empowerment, and shared growth.

Through engaging conversations and evidence-based practices, we aim to inspire our listeners to pursue their own paths to wellbeing, making holistic health accessible and actionable for all.

FAMOUS EPISODES

- Episode 100 – Dr. Bradley Nelson
- Episode 80 – Kristina Mänd-Lakhiani
- Episode 59 – Dr. Dawson Church
- Episode 82 – Lauren Walker

OUR LISTENERS

- 75% Female, ages 35–55 years old
- Listening from North America and Europe
- Love to learn about mental health and holistic (alternative) healing



OUR STATS



30K monthly downloads



ranks in the top 10% worldwide



4.9 rating

LET'S COLLABORATE!

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